|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Advised by doctor or health worker to maintain a healthy body weight or to lose weight** | | | | | | | | | |
|  | **Male** | | | **Female** | | | **Total** | | |
| Age Categories (Years) | n | % advised | 95% CI | n | % advised | 95% CI | n | % advised | 95% CI |
| 18-29 | 153 | 34.3 | 22.5 - 48.4 | 162 | 30.2 | 18.2 - 45.6 | 315 | 31.7 | 23.2 - 41.7 |
| 30-44 | 335 | 54.0 | 44.1 - 63.6 | 372 | 51.1 | 36.7 - 65.3 | 707 | 52.2 | 42.4 - 61.9 |
| 45-59 | 310 | 72.8 | 53.1 - 86.3 | 376 | 62.0 | 49.9 - 72.8 | 686 | 67.3 | 55.9 - 77.0 |
| 60-69 | 235 | 63.4 | 49.7 - 75.3 | 258 | 51.7 | 36.5 - 66.6 | 493 | 56.6 | 45.6 - 67.0 |
| **Total** | **1033** | **56.5** | **47.3 - 65.3** | **1168** | **47.5** | **39.8 - 55.2** | **2201** | **51.3** | **45.6 - 56.9** |
| Area |  |  |  |  |  |  |  |  |  |
| Rural | 301 | 64.9 | 46.5 - 79.7 | 353 | 51.3 | 36.6 - 65.9 | 654 | 56.8 | 45.8 - 67.3 |
| Urban | 732 | 50.3 | 42.5 - 58.1 | 815 | 44.3 | 37.8 - 51.0 | 1547 | 46.9 | 42.0 - 51.8 |